

The Past
By James Gropp

Like an old locomotive on an old rickety, rusty track that has a schedule to keep, it just keeps moving, fueled by many things.

Sometimes it is a touch or phrase you remember. Might even just be a smell that brings back a memory of something of long ago.

These memories don't have to be all bad or good, even if it is good or bad. Like yin and yang, there is the bad for the good and the good for the bad. It is like the scale of justice.

All things in life will equal out in your mind, heart, soul, and universe of the past in your mind.

This train of the past will have some rough, uneven tracks. Though this train ride is not always smooth, you will get to your station.

Not all scenery is pleasant. There will be erosion with every peaceful scene you see.

When you get to your station, you will find you're happy, but sad you couldn't save what you lost on your journey.

Through life you will find not all journeys will be the same. But when that train ride comes, try your damndest to make the best of it.

The same goes for your everyday life. When it becomes yesterday, it is in the past. So make good decisions now, and it will be a better train ride later. Remember, even good decisions can seem like the wrong ones later. That is why there is the phrase, "Hindsight is 20/20."

By then it is too late, so accept it as life and move on to greener pastures.

Through life, near death and death, travel well and live long. The journey is not over. Look back and smile.